

BELLAIRE L.I.F.E.

Living ♦ Information ♦ Fun ♦ Enrichment

January – February - March 2017

Life
Begins
At
50



For additional
information, please
contact us at:

713-662-8290

7008 S. Rice Ave.

Bellaire, TX 77401

www.bellairetx.gov

CALENDAR OF ACTIVITIES

January 2	CITY HOLIDAY	OFFICES CLOSED
January 5	1:00 pm	Bingo
January 9	9:30 am	Trip to Houston
January 10	1:00 pm	Bunco
January 11	11:00 am	Games Day/Chair Volleyball
January 12	1:00 pm	"Bad Moms" Movie
January 16	MLK DAY	OFFICES CLOSED
January 17	10:00 am	Games Day/Chair Volleyball
January 19	7:30 am	Trip to Bastrop
January 24	1:00 pm	Presentation on Hearing Loss
January 26	12:00 noon	Board Meeting
January 31	12:00 noon	Super Bowl Luncheon
February 2	1:00 pm	Bingo
February 7	1:00 pm	Bunco
February 8	11:00 am	Games Day/Chair Volleyball
February 9	1:00 pm	"Florence Foster Jenkins" Movie
February 13	8:00 am	Trip to Sealy
February 14	12:00 noon	Murder Mystery Luncheon
February 21	11:00 am	Games Day/Chair Volleyball
February 23	12:00 noon	Board Meeting
February 28	10:00 am	Trip to Bay City
March 2	1:00 pm	Bingo
March 7	12:00 noon	Rodeo Luncheon
March 8	11:00 am	Games Day/Chair Volleyball
March 9	9:15 am	Trip to Hempstead
March 14	1:00 pm	Bunco
March 17	12:00 noon	St. Patrick's Day Luncheon
March 21	8:45 am	Trip to Houston
March 23	12:00 noon	Board Meeting
March 28	11:00 am	Games Day/Chair Volleyball
March 30	1:00 pm	"Me Before You" Movie

L.I.F.E. Advisory Board

Chair: Trish Parrack

Vice Chair: Kevin Newman

Secretary: Roberta Murray

Member: Barbara Davis

Member: Pat Westwood

Member: Maxine Epstein

Member: Carmen Ulabarro

Trips

You may register and pay for our trips in person or by mail. PAYMENT FOR TRIPS IS DUE UPON REGISTRATION. We cannot hold seats for trips without payment. We cannot book anyone the day of a trip.

A walking scale is included at the end of each trip description to help you determine if you can join us on each trip. Please take into consideration the number of times we get on and off the bus.



Light (< ½mile)



Moderate (½ -1mile)



Heavy (>1mile)

Monday, January 9, Houston

Join us as we take a peek behind the curtain and tour Alley Theatre Stages and Production Center. After lunch we will have a private "behind the retail counter" tour of Schokolad Chocolate Factory. We will have an overview of The History of Chocolate, Health Benefits and Fun Facts hosted by their Expert Schokolatier. Then we will have a Hands-On Chocolate Molding and Custom Decorating session that you will get to take with you at the end!

Trip Cost \$23.00

Lunch on your own at Rudy's BBQ

Bus Departs At 9:30 am

Bus Returning Around 5:30 pm

REGISTRATION & PAYMENT DUE BY December 30



* Activity level – **WALKING** - You will be getting on/off the bus a minimum of 6 times.

Thursday, January 19, Bastrop

We are going to Bastrop to tour the Deep in the Heart Foundry, where they will take us through the steps of how sculptures are created. After lunch we will have a guide step on the bus as we go on a tour of Bastrop's Historic Homes.

Trip Cost \$18.00

Lunch on your own at TBA

Bus Departs At 7:30 am

Bus Returning Around 6:00 pm

REGISTRATION & PAYMENT DUE BY January 6



* Activity level – You will be getting on/off the bus a minimum of 8 times.

Monday, February 13, Sealy

We will be going to the town of Sealy and visit where the world Famous "Sealy Mattress" was developed and patented. After learning about the town's history we will visit one of last painted churches built in Texas, Guardian Angel Church. We will have a break for lunch and then continue the tour of the town to San Felipe de Austin Historic Site.

Trip Cost \$10.00

Lunch on your own at Tony's Family Restaurant

Bus Departs At 8:00 am

Bus Returning Around 4:30 pm

REGISTRATION & PAYMENT DUE BY February 3



* Activity level – You will be getting on/off the bus a minimum of 8 times.

Tuesday, February 28, Bay City

We will start the day with lunch and then go to STP Nuclear Operating Company to have a tour of the plant. The plant is owned by Austin Energy, CPS Energy, and NRG Energy. We will learn about STP's two units that safely produce 2,700 megawatts of carbon-free energy, powering two million Texas homes and much more!

Trip Cost \$6.00

Lunch on your own at TBA

Bus Departs At 10:30 am

Bus Returning Around 5:00 pm

REGISTRATION & PAYMENT DUE BY February 14



* Activity level – **WALKING** - You will be getting on/off the bus a minimum of 4 times.

Thursday, March 9, Hempstead

Join us for a tour Peckerwood Gardens Conversation as we have the opportunity to see rare and endangered plants from all over. After our tour of the garden we will have a beautiful picnic lunch in the arboretum. *Lunch is include please ask the office for more information on the lunch (when signing up for the trip you will also be asked to fill out a form for your lunch option).*

Trip Cost \$33.00

Lunch is included at the Peckerwood Gardens.

Bus Departs At 9:30 am

Bus Returning Around 3:30 pm

REGISTRATION & PAYMENT DUE BY February 23



* Activity level – **WALKING** - You will be getting on/off the bus a minimum of 4 times.

Tuesday, March 21, Houston

We are getting a behind the scenes tour of the Houston food bank and learn about all the different services they have to offer! After the tour we will go for lunch and for dessert we will go to Kegg's Candies for a tour of the factory and a special treat.

Trip Cost \$10.00

Lunch is on your own at TBA

Bus Departs At 8:45 am

Bus Returning Around 3:30 pm

REGISTRATION & PAYMENT DUE BY March 7



* Activity level – **WALKING** - You will be getting on/off the bus a minimum of 6 times.

Activities

Preregistration is necessary if you wish to attend our activities. Please call or stop by the office to register by the posted deadlines. Requests for accommodations or interpretive services must be made 48 hours prior to the activity. Please contact the office if you need accommodations at 713-662-8290.

Bunco

Come join us in playing Bunco in the Senior Activity Room.

Please RSVP by the date below.

Cost - \$3.00 each

Tuesday, January 10, 1:00 pm

RSVP By January 9

Tuesday, February 7, 1:00 pm

RSVP by February 6

Tuesday, March 14, 1:00 pm

RSVP by March 13

Sponsored by Belmont Village



"Bad Moms" Movie

Thursday, January 12, 1:00 pm

When three overworked and underappreciated moms are pushed beyond their limits, they ditch their conventional responsibilities for a jolt of long overdue freedom, fun, and comedic self-indulgence. Starring Mila Kunis, Kathryn Hahn, Kristen Bell, Christina Applegate and J.J. Watt. 100 min. *Rated R.*

Cost - FREE

RSVP By January 10

Hearing Loss and Communication Disorders Presentation

Tuesday, January 24, 1:00 pm

Join us as Dr. Sanchez, a licensed doctor of audiology presents to us on hearing loss: the causes, the signs to look for and how to communicate with someone how has lost their hearing.

Cost - FREE

RSVP By January 20

Super Bowl Luncheon

Tuesday, January 31, 12:00 noon

Join us for fun and games as we celebrate the Super Bowl! We will be serving Hamburgers, beans, potato salad, chips and dessert.

Cost - \$10

Catered by Dunn's Catering

RSVP By January 20



Games Day: Chair Volleyball and Cornhole.

Come join us in playing a friendly game of Chair Volleyball and Cornhole in the Bellaire Civic Center.

Cost - Free

Wednesday, January 11, 11:00 am

Tuesday, January 17, 10:00 am

Wednesday, February 8, 11:00 am

Tuesday, February 21, 11:00 am

Wednesday, March 8, 11:00 am

Tuesday, March 28, 11:00 am

"Florence Foster Jenkins" Movie

Thursday, February 9, 1:00 pm

The true story of Florence Foster Jenkins, the legendary New York heiress and socialite who obsessively pursued her dream of becoming a great opera singer. The voice she heard in her head was beautiful, but to everyone else it was hilariously awful. Her "husband" and manager, St Clair Bayfield, an aristocratic English actor, was determined to protect his beloved Florence from the truth. Starring Meryl Streep, Hugh Grant, Simon Helberg. 90 mins. *Rated PG-13.*

Cost: FREE

RSVP by February 7

Valentine's Murder Mystery Luncheon

Tuesday, February 14, 12:00 noon

Join us for a murder mystery comedy lunch show! Solve a hilarious murder case while you enjoy lunch! Just beware, the killer is hiding somewhere in the room, and you may find yourself as a prime suspect. Lunch includes a traditional lasagna, house salad and bread.

Cost - \$15

Catered by Auntie Pasto's

RSVP By February 3



Rodeo Luncheon

Tuesday, February 7, 12:00 noon

Grab your boots and join us for a swinging good time at our annual rodeo luncheon! We will be serving beef brisket, sausage, potato salad, and beans.

Cost - \$11 per person

Catered by Papa's BBQ

RSVP By January 24



St. Patrick's Day Luncheon

Friday, March 17, 12:00 noon

Don't forget to wear GREEN and join us on St. Patrick's Day for a feast of food in celebration. Lunch will include traditional Shepherd's Pie, Cabbage, Green Beans and Cornbread!

Cost - \$11 per person

Catered by Chef Smirnov

RSVP By March 3



"Me Before You" Movie

Thursday, March 30, 1:00 pm

Me Before You tells the story of the unexpected relationship that blossoms between a contented small town Englishwoman and the wealthy, paralyzed Londoner who hires her as his caretaker. Starring Emilia Clarke, Sam Claflin, Charles Dance. 140 mins. *Rated PG-13.*

Cost - FREE

RSVP By March 27

City of Bellaire
L.I.F.E. Program
Parks and Recreation Dept.
7008 S. Rice Ave.
Bellaire, TX 77401

Standard
U.S. Postage
Paid
Permit No. 18
Bellaire, TX

Daily/Weekly Schedule of Activities

MONDAYS	12:00 – 4:00 PM	Duplicate Bridge
WEDNESDAYS	1:30 – 4:00 PM	Crafts and Conversation
THURSDAYS		Board Meetings/Trips/Special Events
FRIDAYS	12:00 – 4:00 PM	Bridge

Men's/Women's Club

Monday, January 23, 1:00pm

TBA

Thursday, February 16, 12:00pm

Mardi Gras Celebration

Monday, March 13, 1:00pm

TBA

Call Bellaire L.I.F.E. at [713-662-8290](tel:713-662-8290) for additional information about our activities and trips. Remember, you may sign up and pay for trips and activities in person or by mail. Programs, activities, presentation and meetings are held at:

**Bellaire City Hall
7008 South Rice Ave.
Bellaire, TX 77401**